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30 Bags in 30 Days!

When?

Right now! Don't wait until the 1st of the month. Start now and declutter your way to sanity and peace-of-mind!

Where?

Junk Drawer
Car
Clothes Closet
Laundry Room
TV Console
Linen Closet
Pantry
Toy Box
Tool Box
Refrigerator
Bathroom
Under the Sink(s)
Desk
File Cabinet
Shed
Garage
Dog Toy Chest
... And More!

How?

Follow the chart. Begin on day one with a normal size grocery store bag. Start in one room or area and declutter until the bag is full... then stop! Mark off day one on the chart. Repeat the process each day for 30 days and you'll be amazed at the progress you've made and how great you feel!

Why?

Studies have shown that a clean, well-organized space makes people feel better. It reduces stress and helps to ward off depression. Plus, not only will you feel more in control of your space, you'll be able to find the things you really need more easily!

30 BAGS IN 30 DAYS



Fall Declutter Challenge